

January 2019

Saturday 06th

EPIPHANY

Epiphany is one of the most important religious celebrations of the year. Following a special Mass at the Cathedral of each town, a religious procession takes place down to the sea, at about 10.30 hrs, leading to a ceremonial baptism of the Holy Cross into the sea. During the ceremony the Bishop throws the Holy Cross into the sea and young men dive into the water to retrieve the cross and return it to the priest.

Religious celebrations in all seaside towns:

Lemesos: Agia Napa Church – Lemesos, old port

Larnaka: Agios Lazaros Church – Larnaka marina

Pafos: Theoskepasti Church – Pafos harbour

Polis: Agios Andreas Church – Latsi fishing shelter

Agia Napa: Agia Napa Church – Agia Napa harbour

January to April

LARNAKA WINTER EXPERIENCES!

The Larnaka Tourism Board organises weekly activities in Larnaka town and in nearby villages, such as bird watching, basket weaving, guided tours and visits to the Mazotos Camel Park. Some of these activities are offered complimentary for guests staying at hotels within the Larnaka region and some are open for all Cyprus visitors!

For further information: www.larnakaregion.com

February 2019

Thursday 14th – Monday 25th

THE CYPRUS GRAND PRIX TRAP - SKEET - DOUBLE TRAP

Organised by the Cyprus Shooting Sport Federation and held at the Larnaka Olympic Shooting Range in Larnaka.

For further information and entries please visit the Federation's official website:
www.cssf-shooting.org

Friday 15th – Sunday 17th

NICOS SEVERIS CYPRUS YOUTH GOLF OPEN 2019

Since its inception in 2013 the annual Nicos Severis Cyprus Youth Golf Open, to date run as a 2-day 36-hole event, has evolved into a very popular fixture on the international youth golf calendar attracting increasing fields of quality young golfers from Cyprus, and across Europe and the Middle East.

Venue: Minthis Golf Course, Last Entry Date: February 11th, 2019
Organizer: Cyprus Golf Federation

For further information on the Golf Championship: www.cgf.org.cy

February 25th – March 07th

CYPRUS WOMEN'S CUP

12 nations compete in the 12th Cyprus Women's World Cup.

The annual women's football tournament takes place mainly in four Larnaka stadiums.

For further information please contact: www.larnakaregion.com

Monday 19th

GREEN MONDAY (50 days before the Greek Easter)

The first day of Lent, is a day of joy, laughter and vegetarian picnics. Green Monday is followed by a fifty days fasting period, during which Christians prepare themselves to receive the Redeemer, shunning meat and dairy products and living on a vegetarian diet.

Events and activities take place in all towns and villages.

Thursday 21st – Sunday 24th

CYPRUS SUNSHINE CUP 2019 (SHC)

AFXENTIA STAGE RACE (stage 1)

The ultimate mountain bike challenge!

Cyprus Sunshine Cup is one of the most prestigious Mountain bike events in Europe. With the "Afxentia Stage race" – one of the oldest existing stage race – the event attracts the best mountain bikers in the world for some early season training and racing! It currently holds the Hors Class status (SHC) in the UCI calendar.

The event is open for participation to amateur riders who will not only line up next to world-ranking athletes, but will also get the chance to discover the beauty and terrain of Macheras Mountains since excellent weather conditions are guaranteed during the very-mild Cyprus winter.

The second race of the Cyprus Sunshine Cup offers the chance to ride in-between the ruins of the ancient kingdom of Amathous in the outskirts of Lemesos (Limassol) and is a Class 1 registered race in the UCI calendar.

For further information: www.cyclingcy.com

March 2019

CYPRUS CONTEMPORARY DANCE PLATFORM

The Ministry of Education and Culture had the initiative to introduce and establish "Dance Platform Dance Encounters" as an institution in 2001. The Dance Platform has contributed enormously to the advancement of Dance in Cyprus by exposing works by artists and different dance groups, in the field of contemporary dance.

It reveals the richness of creativity, imagination and determination of the choreographers, as well as, the hard work and skills of the dancers all of which enable Cyprus Dance to succeed and prosper.

Venue: Rialto Theatre-Lemesos

For further information: www.cyprusdanceplatform.com

Sunday 10TH

CARNIVAL PARADE

Carnival is a ten-day period of fun and eating, prior to fifty days of fasting, before Easter.

Carnival parades and fancy-dress balls are very popular and take place in the main municipalities of the island. The most famous events though are organized in Lemesos town where the celebrations last for 10 days.

Monday 11th

GREEN MONDAY

The first day of Lent, is a day of joy, laughter and vegetarian picnics. Green Monday is followed by a fifty days fasting period, during which Christians prepare themselves to receive the Redeemer, shunning meat and dairy products and living on a vegetarian diet. Events and activities take place in all towns and villages.

**CYPRUS SUNSHINE CUP 2019 (C1)
AMATHUS XCO RACE (stage 2)**

The ultimate mountain bike challenge!

Cyprus Sunshine Cup is one of the most prestigious Mountain bike events in Europe. With the "Afxentia Stage race" – one of the oldest existing stage race – the event attracts the best mountain bikers in the world for some early season training and racing! It currently holds the Hors Class status (SHC) in the UCI calendar.

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For further information: www.cyclingcy.com

CYPRUS WALKING FESTIVAL

Organised by the Cyprus Tourism Organisation and the Forestry Department the Festival offers a number of walking tours in Akamas, Cape Gkreko and Troodos National Forest Parks, with varying levels of required fitness and completion time.

For further information please contact the CTO Information Offices: www.visitcyprus.com

BLOOMING ALMOND TREES FESTIVAL 2019

The Annual Blooming Almond Trees Festival 2019, will take place in the village of Limnatis (Lemesos area) on March 4, 2019.

The Festival is organised by the Community Council and the Community Complex of the Kouris and Xylourikos Valley. The community will arrange bus transfer for the festival, accompanied by a guide.

The bus will depart from CTO office in Germasogeia.

Price: 5 Euro per person.

For reservations and further information T.: +357 25 323 211

Sunday 17th

LOGICOM CYPRUS MARATHON

The main distance of the event features breath-taking scenery from Start to Finish.

Starting at Aphrodite's Birthplace, the course follows a coastal route along the Mediterranean Sea. Throughout the course you will discover the small and traditional villages of Pafos and enjoy the hospitality with cheering support along most of the course.

The course is accredited by AIMS (Association of International Marathons and Distance Races) and clearly marked at every kilometre.

Groups of volunteer marshals will assist and guide runners throughout the course.

The Pafos Police will also keep a watchful eye on runners, thereby, ensuring their safety.

Effective traffic control/management is assured.

Information/Entries: www.logicomcyprusmarathon.com

Sunday 24th

LIMASSOL MARATHON GSO

As a well-known running expert once said: "I've learned that finishing a marathon isn't just an athletic achievement. It's a state of mind; a state of mind that says anything is possible". The coastal road of Limassol provides all the conditions you will need to make your goals possible. The OPAP Limassol Marathon GSO provides the runner with an amazing 100% coastal and 100% flat course, which is optimal for newly introduced members of the Marathon Running Community to have a first great experience, and for older members to challenge their Personal Best time!

Visit and run the largest sports event in Cyprus (fully accredited by AIMS) and experience the magic and energy that Limassol has to offer!

For further information: T.: +357 25880102 or www.limassolmarathon.com.cy

AGIA NAPA TRIATHLON 2019

Agia Napa Triathlon is the most prestigious and biggest triathlon event in Cyprus. The scenery guarantees a unique experience. Crystal clear waters and sunny weather make this event the perfect choice to start the race season as early as in March. The event includes Middle distance triathlon, Triathlon and Sprint triathlon and attracts hundreds of athletes including some of the sports' top names. It is organized by Nireas Triathlon, the leading triathlon event organiser in Cyprus that offers a series of quality races all year round.

For further information: www.nireas.org

Saturday 30th – Sunday 31st

CYPRUS GRAN FONDO

It is spring in Cyprus and this is when Cyprus is at its best. A cool breeze, a bright-but-not-hot sun, green grass, wild flowers, a light drizzle – it is paradise out there. Its time for the Cyprus Gran Fondo powered by Volkswagen! Starting every day next to the Mediterranean coast, you will climb some of the nicest mountains of the island and pass through traditional and rustic villages, and then return back to some of the best hotels in Pafos to enjoy your off-the-bike time! It is this compactness of Cyprus that gives a unique experience to a cyclist who wants to have everything in just one ride!

We will give you this experience every day, for three consecutive days!

The Cyprus Gran Fondo is registered in the UCI Cycling-For-All Calendar and is under auspices of the Cyprus Cycling Federation. It is a 3-day Road "Cycling for All" event where professional and amateur riders, ride shoulder to shoulder, climb the nicest Cyprus Mountains and enjoy the Cyprus weather and nature.

The Cyprus Gran Fondo is among the 19 biggest cycling events of the UCI. All participants of Cyprus Gran Fondo will have the opportunity to earn their qualification in the Gran Fondo World Championship.

For further information: www.bikincyprus.com.cy

AGIA NAPA YOUTH SOCCER FESTIVAL

Agia Napa Soccer Festival is organized by Soccer world Cyprus, an official member sports club of the Cyprus National Sports Organization. The tournament is officially recognized and approved by the Cyprus Football Association. The event is hosted in the modern athletic centre of Agia Napa which contains 15 natural grass football pitches size, plus the Municipal Stadium of Agia Napa. Women's: 1. Open age women's, 2. Girls U16

For further information: www.ayianapasoccerfestival.com

Friday 29th – Saturday 30th THE CYPRUS GRAND PRIX – FITASC SPORTING

Organised by the Cyprus Shooting Sport Federation and held at Larnaka Olympic Shooting Range in Larnaka.

For further information: www.cssf-shooting.org

Sunday 31st – Monday 01st April THE CYPRUS GRAND PRIX – FITASC COMPACT

Organised by the Cyprus Shooting Sport Federation, this event will be held at the Olympic Shooting Range “Lakis Psimolofitis” in Lefkosia.

For further information: www.cssf-shooting.org

April 2019

Sunday 28th GREEK ORTHODOX EASTER

Easter the most important Greek Orthodox religious feast celebrated with great solemnity. Evening services (mass) take place throughout the Holy Week.

Good Friday - A procession of decorated Sepulchres takes place in all parishes at around 20:30.

Easter Saturday - At midnight an open-air mass takes place in every church.

Easter Sunday & Monday-Traditional games are organised in the afternoons in towns and villages:

Lefkosia District: Kourdali and Spilia villages

Lemesos District: Lemesos town, Agios Tychonas, Germasogeia , Pano Polemidia, Lania, Sykopetra, Kellaki, Pissouri, Episkopi, Anogyra and Agros villages

Larnaka District: Pervolia village

Pafos District: Pafos town, Geroskipou, Tala, Kathikas, Tsada, Kissonerga, Stroumbi and Neo Chorio villages

Ammochostos (Famagusta) District: Agia Napa, Frenaros, Paralimni, Deryneia and Achna villages

LEGION RUN

Legion Run is far more than a run; it's an experience of a lifetime. It is a thrilling, dirty, fun adventure that will give you and your friends an adrenaline buzz for days, weeks, even years. Each part of the course will challenge your body and mind and will require some teamwork. You will run, jump, crawl, sprint and swing and help others do so. You will play in the mud like a kid and cross the finish line alongside thousands of others.

For further information: <http://legionrun.com/>

OCEAN LAVA PAFOS SPRINT & OLYMPIC TRIATHLON

A tried and tested Triathlon race will host a number of individual triathletes and relay teams (swimmer/biker/runner) that will take on the challenge. In April ambient temperatures are min/max 12 – 23 C° ideal for a Triathlon in crystal clear Mediterranean waters. The run course will cover one of the most scenic paths of Pafos, a few steps from the beach taking athletes from the transition area to the Pafos coastal promenade and back to the Municipal baths for the finish line.

Come and tri it!

For further information: www.cyclingcy.com

CYPRUS FILM DAYS INTERNATIONAL FESTIVAL

Cyprus Film Days IFF is the official competition feature fiction film festival of the island of Cyprus. It is co-organised by the Ministry of Education & Culture and the Rialto Theatre. It consists of two main programmes: the International Competition section -Global Images- and the non-competitive section -Viewfinder-, which comprises films that have been screened and awarded at major festivals over the past year.

The Festival also includes a National Competition Section, exclusively showcasing Cypriot productions.

Special tributes, parallel screenings, master classes, workshops and musical events, complete the program of the official International Film Festival of Cyprus.

For further information: <https://cyprusfilmdays.com/>

XTERRA CYPRUS OFF ROAD TRIATHLON

The Cyprus race promises to provide an experience like no other for the XTERRA Tribe. Cyprus has it all. Great weather, fabulous trails for running and biking; mountains in the centre (Mount Olympus for one) super clear waters, great food and tasty local beer and wine. The actual race site is the beautiful Akamas National Park and Lara Beach – which is a breeding site for turtles, and the traditional fishing shelter of Latchi. The athletes will start with a sea swim on the sandy beach next to the transition area, followed by a 2-loop mtb ride on a dry, sandy and rocky terrain. The run, although almost flat, is not always fast. There are some twisted and tricky parts of trail run on rocks where you will have to focus on your feet and be precise and quick. The end of the loop is along the beach.

For further information: <http://xterracyprus.com>

End of April

ITF CYPRUS SENIORS CUP GRADE 2

Organised by the Larnaca Tennis Club, the ITF CYPRUS SENIORS CUP GRADE 2 tournament will see both local and international tennis players compete in an official International Tennis Federation cup. Over 240 players from 30 different countries will take part. The Larnaca Tennis Club was the first tennis club to open in Larnaca in 1958.

Further Information: www.itftennis.com

EIKE KNEFLER MIXED OPEN GOLF TOURNAMENT

Format: 4BBB Stableford, Yellow/Red tees | Full handicap allowance

Max Handicap: Men/ladies 36 (EGA), **PRIZES:** Winners, Runners-up

Entry Fee for Members*: €1.00

Entry Fee for Non-Members*: €40.00 *Optional 2's competition

Closing Date for Entries: 18th April 2019

For further information: <https://www.cgf.org.cy/cgf-calendar>

May 2019

LANIA LANES AND COURTYARDS

The sun-kissed southern slopes of the Troodos Mountains above Lemesos (Limassol) are known as the 'Krassochooria' and are renowned for their vineyards and delightful hillside villages. Lania is one of these beautiful villages surrounded by vineyards and orchards. The Women of Lania will be pleased to welcome you to walk along the picturesque lanes and visit their open courtyards. Visiting hours 11:00 - 18:00

For more information please contact

Mrs Jacqueline Owen T.: +357 25432404

Lania Community Council T.: +357 25432333

01st or/and 2nd weekend of May

FLOWER FESTIVAL (ANTHESTIRIA)

“Anthestiria” is a celebration for the coming of spring and the renewal of nature and life, dating back to Ancient Greece. Protaras Flower Festival - 5/5/2019 at 18:00, Larnaka Flower Festival - 6/5/2019 at 18:00, Limassol, Pafos and Agia Napa municipalities will also have festivities for the flower festival during the 1st and 2nd weekend of May.

DORIANS COASTAL CHALLENGE 2019

Dorians Coastal Challenge is an obstacle run amongst very few of its kind. Dorians Coastal Challenge is a 5Km long run with 20+ obstacles and challenges along the sandy CTO Beach and in shallow waters. During the Coastal Challenge, participants will conquer all our signature obstacles along with new obstacles that will challenge your endurance, perseverance, mental toughness, and team spirit. We don't say that it will be easy; we say that it will be a significant challenge of your mind and body, a fun day out, a no ordinary experience, and an event to remember and chat about for months to come. The Challenge is open to everyone over 16 years old and do not have or suffer from any serious health condition. You can join the event as a Solo Dorian (individual) or as a member of a team.

For further information: www.dorianschallenge.com

ROSE FESTIVAL

This event is organized every year in Agros for two weekends. During the festival, visitors have the chance to visit the local workshops and learn all about the distillation of roses. They can also visit the rose exhibition and various kiosks that sell traditional products. At the same time, people can enjoy folk dance and music performances throughout the duration of the Rose Festival. All the sights of the village are open for the public to see. Location: Glafkos Clerides Sport Centre, Agros village. For further information please call T.: +357 99352547 or +357 25521333

LARNAKA TRIATHLON

Larnaka Triathlon is one of the most successful triathlon events in Cyprus. The event is taking place at Makenzie area, a local and tourist hot spot. The event includes Triathlon and Sprint Triathlon and is open to individuals and teams. Larnaka Triathlon is a perfect opportunity to combine a triathlon race with vacation. Families and friends can enjoy a beautiful day by the beach while being part of the action. The event is organized by Nireas Triathlon, the leading triathlon event organizer in Cyprus. Nireas Triathlon offers a series of quality races all year round.

For further information: www.nireas.org

Sunday 09th – Wednesday 12th

LIMASSOL BOAT SHOW 2019

The largest Boat Show in Cyprus and the Eastern Mediterranean region continues to grow from strength to strength. More than 20.000 visitors More than 100 exhibitors.

The annual gathering of industry professionals and prospective buyers will offer thousands of visitors the opportunity to view a wide range of the latest products and services in a unique setting. Including seminars, presentations of new products, activities on water and demonstrations.

Venue: Trakasol Cultural Centre Limassol Marina, Lemesos, Cyprus

For further information : <https://limassolboatshow.com/> or +357 25577750

Friday 17th – Sunday 19th

CYPRUS AMATEUR MEN'S OPEN 2019

The Cyprus Amateur Men's Open is a counting event for World Amateur Golf Rankings (WAGR). For 2019 the event will be hosted by Secret Valley GC and will be played between May 17 - 19 (Registration and Practice day on May 16). The Championship will be decided by Stroke Play in a 3-day event over 54 holes, and the player with the lowest gross score over 54 holes will be the Cyprus Amateur Men's Open Champion. Entries will be accepted from gentlemen players who conform in all respects to the current Amateur Status Rules of the R&A and hold a current handicap under the handicap system adopted by the recognised authority controlling golf in their country. Last Entry Date: May 13, 2019. Format: Stroke Play. Maximum Hcp 11.0

Venue: Secret Valley GC

For further information: www.cfg.org.cy

TROODOS SPORT AND FUN FESTIVAL

Escape from the ordinary! The hardest and most challenging road cycling race in Cyprus has a name and is 0-2000 Road Tour! Starting from 0 meters Above Sea Level (ASL) to almost 2000 meters, at the highest peak of Cyprus, Olympus at 1952 meters (ASL)! Time is not the target, the top is! After 75km of uphill riding you will conquer the top of the highest mountain peak in Cyprus!

The Mountain Bike Marathon competition is OPEN to everyone who likes adventure in Troodos Mountains! Enjoy the breath-taking scenery of the MTB routes and your endurance with three wonderful routes through the most picturesque and scenic areas of the Troodos mountains starting from Olympus peak descending towards the villages around Troodos!

For further information: www.cyclingcy.com

May - June

INTERNATIONAL PAPHOS CHAMBER MUSIC FESTIVAL

The 18th International Pharos Chamber Music Festival will take place throughout the month of May and it will culminate with an extensive week of music-making, between the last week of May and the first week of June. The Festival is well known all over Europe and it hosts some of the world's most renowned musicians.

For further information: T.: +357 22663871 or www.pharosartsfoundation.org

June 2019

Sunday 16th

SPECIAL OLYMPICS GOLF TOURNAMENT

This is a charity event with all net proceeds for special needs children through Special Olympics Cyprus. Last Entry Date: June 12, 2019. Format: Stable ford. Maximum Hcp: 36.0

Venue: Aphrodite Hills GC

For further information: www.cfg.org.cy

AROMATIC & HEALING HERBS OF CYPRUS

The festival takes place every year at the Cultural Centre of Platres. 10th year celebrations are in order with a Mediterranean flavour! Its purpose is to demonstrate the beneficial properties of the Cypriot herbs in people's health. The event includes a herb exhibition held by the growers, herb tasting, educational seminars on the matter, an entertainment show, nature walks and visits to botanical gardens. It is organised with the participation of speakers and delegates from Europe, through the MEDFEST Interegg Med Program.

For further information: T.: +357 99410520 or +357 99427980

CHILDREN'S FESTIVAL OF AGIA NAPA

This annual festival celebrates International Children's Day, and it sees a string of fun activities ushered in for little ones. There are crafts, painting and pottery for the creative types, Cypriot cooking classes for mini chefs-in-the-making, and face painting, puppet shows and magicians for everyone else.

For further information: <http://www.ayianapa.org.cy/>

Monday 17th

PENTECOST – KATAKLYSMOS (flood festival)

"Kataklysmos" is a religious and popular feast celebrated only in Cyprus. "Kataklysmos", which means flood, is found in the book of Genesis and in the Greek myth of Deukalion. In both cases it refers to the destruction by flood of almost all living creatures in order to give birth to a new and moral generation. The festivities last for a few days and take place in all seaside towns. Celebrations include various games, folk dances, swimming competitions and boat races.

Larnaka: Larnaka holds the most important folklore festival in Cyprus lasting 6 days with music, dance, poetry, theatre, cultural and athletic competitions and firework shows at the Larnaka Seafont. For more information please call T.: +357 24657745.

Agia Napa: Festivities at the Agia Napa Harbour.

TROODOS SPORT AND FUN FESTIVAL

Escape from the ordinary! The hardest and most challenging road cycling race in Cyprus has a name and is 0-2000 Road Tour! Starting from 0 meters Above Sea Level (ASL) to almost 2000 meters, at the highest peak of Cyprus, Olympus at 1952 meters (ASL)! Time is not the target, the top is! After 75km of uphill riding you will conquer the top of the highest mountain peak in Cyprus!

MTB weekend – The Mountain Bike Marathon competition is OPEN to everyone who likes adventure in Troodos Mountains! Enjoy the breath-taking scenery of the MTB routes and your endurance with three wonderful routes through the most picturesque and scenic areas of the Troodos mountains starting from Olympus peak descending towards the villages around Troodos!

For further information: www.cyclingcy.com

SHAKESPEAR AT CURIUM

Every year, in late June, a production of one of Shakespeare's plays is performed by local amateur actors with all profits going to local charities.

For further information: www.shakespeareatcurium.com

LAVENDER FESTIVAL

The Lavender Festival takes place in the month of July in Platres village. This event includes seminars on the healing properties of Lavender, entrepreneurship and tourism; workshops for Lavender distillation and bouquets, culinary delicacies, arts and crafts based on Lavender, organic cosmetics and guided walks with herbalists in Lavender plantations around Platres.

Location: Platres Cultural Centre.

Contact Phone: +357 99427980 or +357 99410520

CYPRUS CONTEMPORARY DANCE FESTIVAL

A very important international dance meeting with the participation of many European countries. A feast of contemporary dance meets all the trends, the dynamics and the new forms of the international contemporary scene through the works of representative groups of each country. The increased level of participation by EU member states with performances and workshops is a clear indication that the Dance Festival is becoming an annual highlight of the European arts and culture scene.

For further information: <https://rialto.interticket.com/>

July 2019

13th PANCYPRIAN CULTURAL WATERMELON FESTIVAL

In the village of Frenaros 2nd Friday of the month.
Local products and Music Show.

INTERNATIONAL FESTIVAL OF ANCIENT DRAMA 2019

An annual international theatre festival that hosts professional productions of ancient Greek drama from different cultures around the world.

Venues: Kourion Ancient Theatre
Makarios III Amphitheatre Nicosia
Pafos Ancient Odeon

Further information: www.greekdramafest.com

LARNAKA ANNUAL SUMMER FESTIVAL

A festival full of music, dance and theatrical performances by national and international artists organised by Municipality of Larnaca.

Venues: Larnaca fort
Pattichion Municipal Theatre

Further information: +357 24 629 300
www.larnaka.com

TRADITIONAL FESTIVAL OF SOTIRA

The Culture Committee of the Municipality of Sotira, is organising this year the 7th Traditional Festival of the Municipality of Sotira. An event dedicated to tradition through various artistic events, dancing, singing, gastronomy and exhibition of Cypriot professions.
A festival that attracts thousands of visitors every summer and has become an institution.

For further information: <https://www.sotira.org.cy>

Saturday 07th – Sunday 08th CYPRUS INTERNATIONAL FOOD FESTIVAL

The Cyprus International Food Festival aim to show the diverse kitchens in Cyprus (Mediterranean- Middle East- Far East- Europe). This festival focus on cultural diversity offering the opportunity to taste local and international food and wine.

Location: Europe square Phinikoudes, Larnaca

Further information: <http://cyprusinternationalfoodfestival.com/>

SUMMER DANCE FESTIVAL

The Summer Festival is an institution funded by the Cultural Services of the Ministry of Education and Culture and is organised by Nea Kinisi - Cyprus New Movement of Dance Companies, Dancers and Choreographers.

For further information: www.neakinisi.com

PANCYPRIAN POTATO FESTIVAL

An open invitation to all to try alternative and traditional Cypriot recipes based on potatoes! This is a chance to everyone to taste the produce of the Kokkinochoria villages and enjoy a traditional artistic programme for free.

Location: Courtyard of the 01st Primary School of Avgorou

Further information: +357 99 349 856, +357 99 236 935

THE GREAT BALETTE COMPANIES

The Ballet Festival is ranked amongst the most important events in Cyprus attracting great numbers of both local and foreign visitors.

Further information: www.limassolmunicipal.com.cy

THE AFROBANANA FESTIVAL

This is one of Europe's finest festivals and one of the biggest summer music festivals of the island which is taking place at the natural beauty of Kornos Forest with many daytime activities for families, workshops, camping facilities and of course stalls of food and drink.

Admission fee depends on amount of the days attending.

Location: Kornos Forest

Further information: <https://2017.afrobananarepublic.com/>
<http://larnakaregion.com>

FENGAROS MUSIC VILLAGE 2019

At Fengaros Music Village will be educational and interactive workshops (masterclasses), instructed by artists of international calibre in the areas of modern and traditional creation. The village desire to get affected by the best possible way by these workshops since artists, students and participants will exchange their ideas and experiences

Further information: +357 22 101 163
<http://www.fengaros.com/>

August 2019

HAZEL FESTIVAL

An annual Hazel Festival that gives you the opportunity to taste year's freshly cut hazelnuts with some Zivania for free. A walk through the hazel forest and the visit of village's important Byzantine church and other monuments is a must. Kiosks with food, drinks, traditional sweets and more local products will be available for visitors to buy. Enjoy live traditional music and dancing!

Location: Platanistasa village

Further information: T: +357 99 218 713

LEFKARA SUMMER FESTIVAL

Lefkara village's biggest celebration showcases its famous handicrafts of lace and silversmithing. Visitors can see demonstrations and exhibitions of the two intricate crafts, and enjoy a programme of music and dance. There will also be other activities and events.

Admission: Free

Further Information: www.larnakaregion.com

Wednesday 15th

DORMINION OF THE THEOTOKOS

The Feast of the Dormition of the Theotokos is celebrated on the 15th of August and it is a national and religious holiday. In Kiti village the celebrations last for a week and take place at the square of the Church of Panagia tis Angeloktistis. The festivities include theatre performances, traditional nights, children's night, music and dancing.

For further information: T.: +357 24422233.

Wednesday 15th – Friday 17th

LOFOU AUGUST FESTIVAL

A four-day festival with a highly qualitative program of different musical evenings, theatrical performances and competitions.

Location: Lofou Primary school

Further information: T: +357 25 470 020

T: +357 99 517 073

CHILDREN'S FESTIVAL "ANDREAS NEARCHOU"

In memory of young Andreas Nearchou, Kyperounda is organising this annual charity Children's festival by transforming the village's square into a Fairytale Land spreading joy and happiness to little kids.

Arts, crafts, inflatable castles, clown, face-painting, donkey rides are some of the activities that visitors can enjoy!

Location: Kyperounda village

Further information: T: +357 99 352 547

Thursday 31st July – Sunday 01st August

WINE FESTIVAL

A festival that has been organised for the first time in 1961 and since then it has become an annual event offering the visitors the chance to taste wine from the barrels for free in a joyful atmosphere.

Location: Limassol Municipal Gardens

Further information: www.limassolmunicipal.com.cy

T: +357 25 745 919

T: +357 25 342 153

September 2019

PAFOS APHRODITE FESTIVAL (OPERA)

The Pafos Aphrodite Festival is an international annual artistic event with world famous opera performances which take place in the open air in front of the Medieval Castle in Pafos.

For further information: T.: +357 26822218 or www.pafc.com.cy

September – October

INTERNATIONAL FESTIVAL “KYPRIA 2019”

The International Festival “Kypria” is the leading cultural event of Cyprus hosting a large number of cultural events from the field of Music, Dance, Opera and Theatre from Cyprus, Greece as well as Internationally. It takes place in all major towns of the island.

For further information: T.: +357 22800985 or www.kypria.org.cy

PASTRY AND BAKING GOODS FESTIVAL AT GALATA

The festival takes place at Galatas’ square and it’s dedicated to baking various pastries, as the area has a long tradition due to the many flour mills that exist scattered around the area for many years. There is pastry making and baking happening at the venue during the festival, while people can also enjoy a traditional cultural programme. Guests have the chance to visit the villages’ byzantine churches and Folk Art Museum. Location: Galata village-community council square.

For further information: +357 22923250 or +357 99352547.

ORANGE FESTIVAL IN MILIOU VILLAGE

The Orange Festival will take place at the Miliou village community square (next to the old school). Different kinds of local products made out of orange, such as liqueur, beer, and marmalade, will be presented and visitors will have the opportunity to taste and buy. In the area of the festival there will be stalls with food, drinks and fresh orange products as well as traditional music and dances. Free Entrance. Miliou village is located 26 kilometres north of Pafos, just off the Pafos to Polis road between Stroumpi and Goudi, North-East of Kathikas village.

For further information: T.: +357 99450394.

CYPRUS INTERNATIONAL FOOD FESTIVAL

CIFF strives to showcase the diverse kitchens in Cyprus – a crossroad of cultures from the Mediterranean, Middle East and Europe with strong links to the Far East. CIFF 2019 offers a wonderful opportunity to court and cultivate a demographic of local and international, savvy food and wine enthusiasts, by focusing on cultural diversity while simultaneously fulfilling a commitment to use local services and products to produce the festival. Venue: Solomou Nursery Nisou Lefkosia.

For further information: www.cyprusinternationalfoodfestival.com

Saturday 08th

PASTELLI FESTIVAL

Anogyra is well known for its carobs which are picked from the trees between August and November. Pastelli (carob brittle) and teratsomelo (carob syrop) are made from carob juice boiled on an open fire in a cauldron. In September, a much anticipated carob festival is held in the village to celebrate the harvest, featuring demonstrations on the making of Pastelli, traditional dances and music, food, wine and other local delicacies.

For further information: T.: +357 25221496

POMEGRANATE FESTIVAL

For pomegranate lovers this festival has it all; pomegranate liqueur, sweets, jam and other traditional products made with this healthy fruit. Children will enjoy a day with clowns and a ride with the touring train. Folkloric dancing and fireworks will follow, all welcome! Ormidia village.

For further information: T.: +357 24721271.

GRAPE FEAST

The Wine villages organise various events dedicated to wine and its products. During these events, people may observe the making of “palouzes” and “shoushoukos” at the venues and be offered various delicacies made of grapes. At the same time, there are wine tasting and entertainment shows (including folk music and dances, revival of old traditional customs).

For further information: T.: +357 25421020 or +357 99352547.

AGIA NAPA FESTIVAL

The Agia Napa Festival is, undoubtedly, the most popular and well anticipated event that takes place in the tourist resort of Agia Napa, and one of the most famous events of the island. The first festival took place in September 1985 and has since been established as an annual event. It is always the last week of September, in order to coincide with the World Tourism Day.

The events of this festival reflect the historical, cultural and agricultural traditions of Agia Napa and the rest of the island. Visitors have the opportunity to learn the traditions and customs of the local people, the traditional music, folk art and above all enjoy the warm Cypriot hospitality. The program includes, among others, theatrical performances, concerts and Cypriot and foreign folk dancing. Within the framework of the festival plenty of other events are organized such as painting and photograph exhibitions of contemporary and earlier life in Cyprus as well as exhibitions of shells, flowers and butterflies.

These events create a warm atmosphere that reflects the friendliness and hospitality of the people of Agia Napa.

For further information: T.: +357 23816307 or www.ayianapa.org.cy

TRADITIONAL FESTIVALS OF STATOS

The community of Statos – Agios Fotios village has a long history in the production of local wines, trahanas, dried meat (tsamarella) and shoushoukos. Visitors will have the opportunity to taste the products of the village, visit the wineries, see the preparation of its traditional products and enjoy a rich traditional cultural programme with the music band “Dias” and the dancing group “Afroditi”. Young visitors’ will enjoy various activities such as face painting, watercolor painting and micro sculpture making with clay.

Venue: Statos – Agios Fotios village square.

Saturday 21st – Sunday 22nd

CYPRUS SENIOR AMATEUR MEN'S OPEN 2019
CYPRUS SENIOR AMATEUR LADIES OPEN 2019

For 2019 both events will be hosted by Minthis GC and will be played between September 21 - 22 (Registration and Practice day on September 20). The Championship will be decided by Stroke Play in a 2-day event over 36 holes. Entries will be accepted from players who are over the age of 50, conform in all respects to the current Amateur Status Rules of the R&A and hold a current handicap as per the event's hcp criteria and under the handicap system adopted by the recognised authority controlling golf in their country.

Last entry date: 16th of September

**Please note there has been a venue change for this event, from Secret Valley to Minthis.

For Further Information/entries: www.cfg.org.cy

October 2019

September – October

INTERNATIONAL FESTIVAL “KYPRIA 2019”

The International Festival “Kypria” is the leading cultural event of Cyprus hosting a large number of cultural events from the field of Music, Dance, Opera and Theatre from Cyprus, Greece as well as Internationally. It takes place in all major towns of the island.

For further information: T.: +357 22800985 or www.kypria.org.cy

AFAMIA 2019 – GRAPE FESTIVAL

A real treat for all visitors! The community of the beautifully preserved wine village of Koilani invites all to celebrate the wine producing heritage of the village and the end of harvest. Wine tasting par excellence, traditional deserts made from grapes, folk dancing and other cultural performances are in offer during the Afamia festival.

Location: Koilani village- Community square.

For further information: T.: +357 25421020 or +357 99352547

Tuesday 01st

“ANNUAL FESTIVAL OF TRADITION & CULTURE”

It’s a festival organised by the Ladies’ Association of Rural Larnaka in a different village of the Larnaka region every year. This year the festival will be held at Alaminos Village at 17:00 in the afternoon.

For further information: T.: +357 24657070 or <http://larnakaregion.com>

PANCYPRIAN FESTIVALS OF ATHIENOU PRODUCTS

Athienou village is renowned for the good quality of its wheat and milk yields. So, every year during the festival, visitors can taste Athienou’s bread, bakery and dairy goods; enjoy music, dances and demonstrations on how to make bread and cheese the old traditional way!

For further information please call: T.: +357 24811370

APPLE FESTIVAL

The two-day festival takes place in Kyperounta and includes an open air market with fresh seasonal apples, traditional products, fresh apple juice, apple pies, apple vinegar etc, an apple exhibition featuring all the types of apples that grow in Cyprus, competitions for the best apple pie, and many more.

There are also seminars about the beneficial properties of apples, as well as a full traditional entertainment show.

Visitors are encouraged to take a walk around the village and see the local museums and exceptional churches.

For further information: T.: +357 25813204.

29th FOLKLORE – CULTURAL EVENTS

The feast of Apostle Lucas, patron of Aradippou village, is celebrated with events that emanate from religious faith, customs and traditions and are expressed through poem recitations, singing, dancing and theatre performances.

For further information: T.: +357 24811017

13th MEDIEVAL AGIA NAPA FESTIVAL

The Agia Napa Medieval Festival aims to reproduce a time that left its marks in our cultural heritage. All the activities are inspired from the Medieval period, representing the everyday life and events of these times, including: Street theatre, Theatrical play with the Medieval Monastery as a natural setting, Music concerts and dance shows, performed by groups from European countries, participation of schools and teams with Medieval costumes in the event "The streets of Crusaders", medieval market with products for sale such as wine (in wooden barrels) and medieval food, medieval workshops such as pottery making, basketry and exhibitions of Medieval Objects.

The programme includes medieval performances by various European Groups.

For further information: T.: +357 23816307 or www.ayianapa.org.cy

November 2019

November

WINE MONTH

The Cyprus Tourism Organisation invites you at the Wine Month! Get to know our wine tradition through excursions and enjoy Cypriot wine. Within the framework of the "Wine Routes" programme which has been implemented by the Cyprus Tourism Organisation and co-funded by the European Structural Funds, 7 alternative routes have been designed and sign-posted offering you the opportunity to experience the Cypriot hospitality and to introduce yourself into the world of wine.

Visit the wineries and taste their wines! Explore the Cypriot countryside and enjoy the unique dishes of the Cypriot cuisine in traditional taverns and restaurants. Follow the signs bearing the logo of the Wine Routes project and get ready for a unique experience.

For further information please refer to the Cyprus Wine Routes e-brochure in the CTO website www.visitcyprus.com

5th CYPRUS JAZZ & WORLD MUSIC SHOWCASE

The Cultural Services of the Ministry of Education and Culture, the Cyprus Music Information Centre and the Rialto Theatre present, for the fourth consecutive year, a Showcase of the Cypriot contemporary music creation.

For further information: <https://rialto.interticket.com/>

ZIVANIA FESTIVAL

Zivania is a traditional alcoholic beverage made in Cyprus, which has been produced here for centuries by distillation from pomace, the residue of grapes that were pressed during the winemaking process mixed with high-quality dry wines, all harvested from the local grape varieties of Cyprus. The festival takes place in Alona (4/11/2019) and Pelendri (11/11/2019) villages in two consecutive weekends. It includes distillation of zivania at the venues, promotional kiosks with traditional products, as well as music and dance programmes. The local sights are open for visitors during the festival.

For further information please contact:

Mr. Constantinou, T.: +357 99352547, +357 25421020 or

Mr. Eliades T. +357 99630414, email: chr.eliades@cytanet.com.cy

03 OLYMPUSMAN

Do you have what it takes to be an OlympusMan?! OlympusMan 03 is a one of its kind in Cyprus triathlon and one of those events every hard core triathlete must have in his/her "bucket list"! The concept here is pretty simple - you start from sea level in Pafos and finish 1952m above sea level, at Olympus peak, in the Troodos Mountain! Epic, isn't it? The course is without doubt one of the most challenging Half Iron distances on the planet.

An early morning 1.9k swim at Pafos harbour, followed by an 86km bike section with over a staggering 2,600 meters of ascent.

The last leg would be an off-road half marathon with 350 meters of ascent gradually spiralling up to the summit of Olympus at 1952 meters. OlympusMan is a long day's challenge through some of Cyprus's most spectacular scenery.

For further information: www.cyclingcy.com

Thursday 21st – Sunday 24th

CYPRUS INTERNATIONAL 4 - DAY CHALLENGE

The Cyprus International 4-day Challenge, is a staged running event, covering a distance slightly longer than a marathon with mountain running, trail running and cross country running.

The event successfully combines a 6k time trial, a multi-terrain half marathon, an 11k mountain trail run and a 10k City Run over four days.

The event takes place in the area of Pafos, and for the most part of it, participants have the opportunity to compete in the Akamas Nature Reserve Park, in some of Cyprus most scenic routes, where every turn comes with a different stunning view, unfolding the beauty of the Akamas Nature Reserve Park in a panoramic sea-sky-earth motif.

For further information: T. +357 26880877, www.cypruschallenge.com

December 2019

Christmas and New Year's Festivities

Festivities take place all over Cyprus and the Christmas spirit can be felt everywhere, especially in the major cities where the Christmas festivities the last years has become a main annual event.

Walking Tours

Guided tours in and around Lefkosia, Lemesos, Larnaka, Pafos, Agia Napa and Germasogeia village (Lemesos area) are offered free of charge by the above Municipalities and are organised in collaboration with the Cyprus Tourism Organisation and the Cyprus Tourist Guides Association.

Every Monday

1. *Chrysaliniotissa and Kaimakli* Bus & Walking Tour, Lefkosia
Starting point: Tourist Information Office in Laiki Geitonia, T. 22674264
2. *Lemesos (Limassol) "Historic Limassol Walk"*,
Starting point: Tourist Information Office, Lemesos
For reservations contact the Tourist Information Office, T. 25362756

Every Wednesday

1. *Larnaka Walk "Past and Present"*
Starting point: Tourist Information Office, Larnaka
For reservations contact the Tourist Information Office, T. 24654322
2. *Germasogeia Walks*
 - a) *Germasogeia - A Village Blessed by Water*
 - b) *Discover the Natural Environment of Germasogeia*Every Wednesday (October - April) - Each one every other week
Starting point: Tourist Information Office, Germasogeia, Lemesos District
For reservations contact the Tourist Information Office, T. 25323211

Every Thursday

1. *Lefkosia (Nicosia) Walking Tour*
Starting point: Tourist Information Office in Laiki Geitonia, T. 22674264
2. *"Agia Napa and the Sea: A Different Dimension"* (mid November – mid March)
Starting Point: Tourist Information Office, Agia Napa
For reservations contact the Tourist Information Office, T. 23721796

Every Friday

1. *"Skala (Larnaka) - Its craftsmen"*
Starting point: Larnaka Medieval Castle
For reservations contact the Tourist Information Office, T. 24654322

Religious Fairs (*Panigiria*)

Many colourful fairs are held in villages, reviving traditional village life, when saint's name-days are celebrated around the main churches.

Local products and sweets are sold at stalls especially set up for the occasion.

A procession of the Saint's icon around the church takes place during the previous evening's church service.

Date:	Information:
February 2	Presentation of Jesus to the Temple Chrysorrogiatissa Monastery (Pafos District)
April 23	Saint George's Day Paralimni village (Ammochostos district)
May 21	Saints Constantine and Helena's Day Tsada village (Pafos District), Tochni village (Larnaka District)
July 17	Saint Marina's Day Xyloymbou village (Ammochostos district)
July 26	Saint Paraskevi's Day Geroskipou village (Pafos District) and Leivadia village (Larnaka District)
August 6	Transfiguration of Jesus Christ the Saviour Sotira village (Ammochostos District)
August 15	Dormition of Virgin Mary (Assumption Day) Kykkko, Chrysorrogiatissa and Agia Napa monasteries, Chrysospilotissa church at Deftera village (Lefkosia District), Liopetri village (Ammochostos District) and Kiti village (Larnaka District)
September 2	Saint Mama's Day Peristerona village, near Polis (Pafos District)
September 6	Archangel Michael's Day Frenaros village (Ammochostos District)
September 8	Nativity of the Blessed Virgin Mary Agia Napa Monastery (Ammochostos District), Arakapas village (Lemesos District)
September 14	Exaltation of the Holy Cross Omodos village (Lemesos District) and Lefkara village (Larnaka District)
September 22	Saint Foka's Day Athienou village (Larnaka District)
September 24	Saint Thekla's Day Sotira village (Ammochostos District)
September 28	Saint Neofyto's Day Agios Neofytos Monastery (Pafos District)
October 2	Saint Kypriano's Day Meniko village (Lefkosia District)
October 4	Saint John Lampadisti's Day Kalopanagiotis village (Lefkosia District)
October 5	Saint Ermogeni's Day Agios Ermogenis church (Lemesos District)
October 6	Saint Kendea's Day Agios Kendeas church, Avgorou village (Larnaka District)
October 17 -18	Saint Luke's Day Kolossi (Lemesos District), Kouklia (Pafos District) and Aradippou villages